



The National Alliance on Mental Illness, NAMI's, plans for Mental Health Awareness Week

NAMI Walks is going to be different this year. NAMI SE IN will join NAMI SW OH and other NAMI's across the country for a virtually livestreamed NAMI Walks at 10 AM on Saturday, October 3rd. Then you can determine your own meaningful way to recognize Mental Health Awareness Week. Or after the livestreaming event, NAMI SE IN invites you to join us for an easy walk on the Lawrenceburg Riverwalk.

We will follow the governor's directions on social distancing.

Why We Walk

To promote awareness of mental health and reduce stigma by sharing stories and walking together

To raise funds for NAMI's mission of advocacy, education, support and public awareness

To build community and let people know they are not alone

**Meet Downtown at Lawrenceburg Riverfront Walkway by the statues between Ivy Tech and Doubletree
Saturday, October 3, 2020, 11 AM**

Rain or Shine

Friends and families are welcome!

(wear lime green if you have it)

It's free to walk, but donations are welcomed. NAMI Walks is also our annual fundraiser.

To register: <https://www.namiwalks.org/team/36800>

Questions? Contact Kathy at kathbb@comcast.net or 812-577-9297


1 in 5 Adults
experience mental illness
each year in the U.S.

1 in 6 Youth
aged 6-17 experience a mental
health disorder each year in the U.S.

Walk with us

to raise awareness and funds that support free,
top-rated programs and services for our community.



[HTTP://NAMISEIN.COM](http://namisein.com) NAMISEIN@GMAIL.COM 812-577-9297  <https://www.fb.NAMISEIndiana>