

National Alliance on Mental Illness

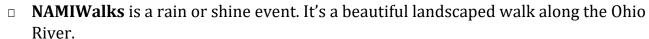
Saturday, May 11, 2019 Sawyer Point—Kroger Promenade

Join us in our walk to end the stigma against mental illness and raise awareness! Walking is free!

Walk Start Time: 10:00 am

SE IN Walkers wear lime green if you can

Distance: 5 K (Optional Shorter Route)



- **SECOND ANNUAL AFTER-PARTY** in the Park featuring live music and family fun activities. Food available for purchase! A portion of proceeds support NAMI Southwest Ohio!
- Each Registered Walker who raises \$100 or more will receive a **NAMIWalks** event Tshirt.
- **NAMIWalks** is a nationwide fundraising and mental health awareness program.
 - o Held in more than 88 communities around the country in 2018.
 - o Offers support and services to hundreds of thousands of individuals and families across the country affected by serious mental illness.
- There is no walker registration fee for the **NAMIWalks**.
 - o All Registered Walkers are encouraged to ask family members, friends, co- workers and business associates to click on their 'shareable link' and donate in support of their participation in the Walk.
- ☐ Funds collected by Registered Walkers will be used to fund NAMI's programs here locally.
 - o These programs include support, education, research and advocacy involving schizophrenia, bipolar disorder, major depression, obsessivecompulsive disorder, anxiety disorders, and other mental illnesses.
- To join our Southeast IN Walkers team, go to 'nami.behavioralhealth.us/walk' and click on the JOIN OUR TEAM button. You can register as a virtual walker if you would like to support us and are unable to attend the walk in person.



