



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI SE IN's Mission is to provide assistance and hope to families and individuals affected by mental illness through education, support and advocacy.

Lawrenceburg NAMI Family Support Group

The Lawrenceburg Family Support Group is held the **first Wednesday** of every month at CMHC, 401 W. Eads Pkwy, Suite 450, in the Millhouse Market retail area, behind Fifth Third Bank off US 50, **6:30-8 PM**. The group is for family members of those with mental illness. Meetings are open and newcomers are always welcome.

Madison NAMI Family Support Group

The Madison Family Support Group meets at The Clearing House, 100 E. 2nd St., Madison, IN 47250 on the **second Thursday** of each month, **6-7:30pm**. Questions call 812-292-1047. The group is open to family members and loved ones of those with living with mental illness.

NAMI Family-to-Family Education Program

A series of 12 weekly classes are structured to help caregivers understand and support individuals with serious mental illnesses. The free course is taught by trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. Participants gain knowledge, hope and empowerment while learning to maintain their own well-being. You will be comforted in knowing you are not alone. The class is usually offered locally every September. It is offered more frequently at nearby organizations: NAMI Northern Kentucky and NAMI SW OH. (contact information below)

NAMI IN Our Own Voice Program

In Our Own Voice (IOOV) is a unique public education program, in which two trained speakers with mental illness share their compelling personal stories with the public. Through these stories listeners gain understanding as stigma is reduced. Eli Lilly developed the movie that accompanies it. Presentations are given to consumer groups, students, law enforcement officials, educators, providers, faith community members, politicians, professionals, inmates and interested civic groups.

CIT, Crisis Intervention Team

CIT strives to improve the way law enforcement and the community respond to people experiencing mental health crises. CIT builds strong partnerships between law enforcement, mental health provider agencies and individuals and families affected by mental illness. CIT has been shown to keep officers and those with mental illness safer while saving money for law enforcement. CIT programs typically provide 40 hours of free training for first responders on how to better respond to people experiencing a mental health crisis. CIT of Dearborn and Ohio Counties have been meeting since May, 2014. Representatives of NAMI, Law Enforcement, CMHC and DCH meet monthly. CIT first responder training classes will be offered winter 2018 for the second time.

Other NAMI programs

NAMI SE IN provides educational opportunities through periodic speakers, NAMI Update e-mail newsletters, and plans to develop new NAMI signature programs such as NAMI Peer-to-Peer Education Program and NAMI Connections. We welcome volunteers and new members to help develop these programs. Our annual fundraiser, NAMI Walks is held every May in cooperation with NAMI SW OH. It's a great experience to walk along the Ohio River with hundreds of people who all share the same mission.

Learn More at These Websites and Find Other Resources:

SE IN Psychiatric Crisis Line 812-537-1302, 877-849-1248 (CMHC)

Crisis Text Line Text Start to 741741, get live volunteer Crisis Counselor

CMHC Walk-in/ Open Access M-TH <http://www.cmhcinc.org/Programs> or call closest CMHC

Suicide Prevention Lifeline 800-273-8255(talk)

NAMI National <http://www.nami.org/> 703-524-7600

NAMI SW OH <http://namiswoh.org/> 513-351-3500

NAMI IN namiindiana.org 317-925-9399

NAMI National Helpline 800-950-NAMI (6264)

NAMI NO KY <http://naminky.org/> 513-205-4118

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