

*NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.*

**NAMI SE IN's Mission is to provide assistance and hope to families and individuals affected by mental illness through education, support and advocacy.**

### **Lawrenceburg NAMI Family Support Group**

The Lawrenceburg Family Support Group is held the **first Wednesday** of every month at Lawrenceburg Community Center, 423 Walnut St., Conference Room A, **6:30-8 PM**. The group is for family members of those living with mental illness. Meetings are open and newcomers are always welcome.

### **Madison NAMI Family Support Group**

The Madison Family Support Group meets at The Clearing House, 100 E. 2nd St., Madison, IN 47250 on the **second Thursday** of each month, **6-7:30pm**. Questions call 812-292-1047. The group is open to family members with loved ones living with mental illness.

### **NAMI Family-to-Family Education Program**

A series of 12 weekly classes are structured to help caregivers understand and support individuals with serious mental illnesses. The free course is taught by trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. Participants gain knowledge, hope and empowerment while learning to maintain their own well-being. You will be comforted in knowing you are not alone. The class is also offered at: NAMI No KY and NAMI SW OH. (contact info below)

### **NAMI Family & Friends Education Program**

This program is a condensed 4-hour version of the above described Family-to-Family Program. It is taught by family members who have been trained in both programs. Our contact information is below if you are interested in either program.

### **NAMI IN Our Own Voice Program**

In Our Own Voice (IOOV) is a unique public education program, in which two trained speakers living with mental illness share their compelling personal stories with the public. Through these stories listeners gain understanding as stigma is reduced. Eli Lilly developed the movie that accompanies it. Presentations are available to any interested groups.

### **CIT, Crisis Intervention Team**

CIT strives to improve the way law enforcement and the community respond to people experiencing mental health crises. CIT builds strong partnerships between law enforcement, mental health provider agencies and individuals and families affected by mental illness. CIT has been shown to keep officers and those with mental illness safer while saving money for law enforcement. CIT programs typically provide 40 hours of free training for first responders on how to better respond to people experiencing a mental health crisis. CIT of Dearborn and Ohio Counties have been meeting since May, 2014. Representatives of NAMI, Law Enforcement, CMHC and HPH meet regularly. Seventy-eight SE IN first responders graduated from training classes in 2017 and 2018.

### **Other NAMI programs**

NAMI SE IN provides educational opportunities through periodic speakers, NAMI Update e-mail newsletters, and plans to develop new NAMI signature programs such as NAMI Ending the Silence and NAMI Connection. We welcome volunteers and new members to help develop these programs. Our annual fundraiser, NAMIWalks is held every May in cooperation with NAMI SW OH. It's a great experience to walk along the Ohio River with hundreds of people who all share the same mission.

### **Learn More at These Websites and Find Other Resources:**

**SE IN Psychiatric Crisis Line** 812-537-1302, 877-849-1248 (CMHC)

**Crisis Text Line** Text Help to 741741, get live volunteer Crisis Counselor

**CMHC Walk-in/ Open Access M-TH** [http://www.cmhcinc.org/Programs\\_Services.aspx](http://www.cmhcinc.org/Programs_Services.aspx) or call CMHC

**Suicide Prevention Lifeline** 800-273-8255 (talk)

**NAMI National** <http://www.nami.org/> 703-524-7600

**NAMI SW OH** <http://namiswoh.org/> 513-351-3500

**NAMI IN** [namiindiana.org](http://namiindiana.org) 317-925-9399

**NAMI National Helpline** 800-950-NAMI (6264)

**NAMI NO KY** <http://naminky.org/> 513-205-4118