



Challenge

The #1 reason millions of people with **serious mental illness** refuse treatment is because of **anosognosia**—a symptom of a neurological disorder that affects a person's awareness, leaving them unable to recognize that s/he is ill, and consequently becoming uncooperative and isolated.

It's not denial. It's a brain disorder.

They don't think they're sick, so they don't accept treatment. Without treatment, symptoms worsen, the mind deteriorates and the results are devastating.



Homelessness



Involuntary
Hospitalizations



Criminalization



Suicide

How can we help?

Provide a radically different hands-on training approach to *family members, mental healthcare professionals, criminal justice professionals, peer specialists*, and others involved in the care and safety of people suffering from these disorders.

LEAP® (Listen-Empathize-Agree-Partner) is an evidence-based program that helps create trusting relationships and therapeutic alliances that lead to treatment and recovery.

... because the "usual educational approach" drives persons (suffering from anosognosia for serious mental illness) away from families and professional help.

75% of the **11 MILLION** Americans with serious mental illness are NOT getting treatment

GET TRAINED

and help someone with mental illness accept treatment



LEAP® (Listen-Empathize-Agree-Partner)

learn how to create trusting relationships with people who have serious mental illness that lead to treatment and recovery

About the LEAP Course

The LEAP® (Listen-Empathize-Agree-Partner) is a one-day training program that teaches a set of evidence-based practices to strengthen mutual respect and trust, with the aim of developing effective partnerships. The goal of the course is to provide participants the knowledge and skill-set needed to build collaborative relationships with persons who have a serious mental disorder, but don't have the awareness to recognize their illness and are either non/partially-adherent, to become fully engaged in treatment and services (medication, psychotherapy, psychosocial programs, peer-support, supervised housing, etc.) and to cooperate with persons who are trying to help them. Participants will learn that ***we never “win” on the strength of our argument, we win on the strength of our relationship.***

Participants will also learn to:

- Lower anger, resistance & defensiveness
- Re-establish broken relationships
- Identify anosognosia vs. “denial”
- Quickly gain compliance
- Avoid homelessness & criminalization

Who should attend?

- Mental Health Care Professionals
- Criminal Justice Professionals
- Family Members
- Peer Specialists
- *Others involved in the care & safety of people suffering from mental disorders*

Course includes:

- The 7 LEAP® Communication Tools
- Updated Anosognosia Research
- Interactive Role Plays

ENDORSED MAY 2018 BY

SAMHSA
Substance Abuse and Mental Health
Services Administration



LEAP
FOUNDATION FOR
RESEARCH TO PRACTICE

Closing the Gap between Science & Practice

The **LEAP Foundation for Research to Practice**, a non-profit 501(c)(3) organization founded in New York on March 2017, is **dedicated to serving family caregivers of persons with serious mental illness and addiction, mental healthcare professionals, criminal justice professionals, and others involved in the care, recovery, and safety of persons suffering from these disorders.**

The LEAP® approach is a set of evidence-based communication tools and tactics pioneered by Dr. Xavier Amador, internationally renowned clinical psychologist, best-selling author of *I AM NOT SICK, I Don't Need Help*, founder of the LEAP Foundation, and contributing forensics expert on CNN, NBC, 60 Minutes, New York Times and Wall Street Journal. He is also a family caregiver of relatives with schizophrenia and bipolar disorders.

Our **mission is to educate the public** about the unmet needs of persons with serious mental illness and addiction who have "anosognosia"—*people who don't have the ability to understand s/he has an illness and could benefit from treatment and services.* We want to **transform the educational, healthcare and government systems through LEAP®, evidence-based education.**

Our **top goal is to provide hands-on training and support** to individuals and organizations who need it most to more effectively and immediately help those suffering from these disorders.

For more info and resources, visit **leapinstitute.org**

MENTAL HEALTHCARE



CRIMINAL JUSTICE



FAMILY CAREGIVERS

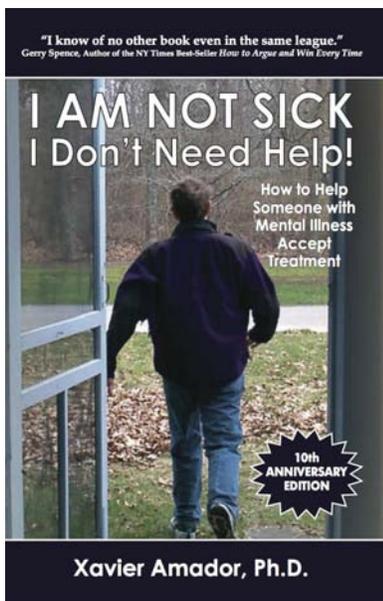


Help someone with serious mental illness accept treatment

Xavier Amador, Ph.D.



Dr. Xavier Amador is the Founder of the *LEAP Foundation and LEAP Institute*, which has trained tens of thousands of clinicians, family caregivers, law enforcement, justice officials and legislators worldwide on the evidence-based LEAP® method. Dr. Amador is an internationally renowned clinical psychologist, sought after speaker and leader in his field. He is also a family caregiver of two close relatives with schizophrenia and another with bipolar disorder.



Dr. Amador is the author of 8 books, including the International Best Seller, “*I AM NOT SICK, I Don't Need Help!*” Written for both professional and lay readers, he shares research and practical tools to help create relationships with people who have serious mental illness that lead to treatment and recovery. His books, authoritative clinical research, worldwide speaking tours and extensive work in schizophrenia, bipolar and other disorders have been translated into 30 languages.

Additionally, he has published over 120 peer-reviewed scientific papers and served as a section Co-Chair of the *only peer-reviewed* text revision of the Diagnostic and Statistical Manual for Mental Disorders (DSM), the authoritative diagnostic manual used by mental health professionals world-wide.

Dr. Amador is a Visiting Professor at the State University of New York. Previously, he was a professor in the Department of Psychiatry at Columbia University, College of Physicians & Surgeons; Director of Psychology at the New York State Psychiatric; Board of Directors and Director of Research at the *National Alliance for the Mentally Ill (NAMI)*, where he founded *NAMI's* Scientific Council and nationally launched Family to Family, Peer to Peer and In Our Own Voices.

His expertise has been called upon by government, industry and the broadcast and print media where he has appeared as a frequent expert for CNN, ABC News, NBC News, NBC Today Show Fox News Channel, CBS 60 Minutes, New York Times, Washington Post, USA Today, Wall Street Journal and many other national and international news outlets. His forensic cases include the Unabomber, PFC Lynndie England, the Elizabeth Smart kidnapping, and the Zacarias Moussaoui trials.

