

What is the NAMI Family-to-Family Education Program?

NAMI Family-to-Family is a free, 8-session education program for family, friends and significant others of those living with mental illness. The course is designed to help all family members understand and support their loved one living with mental illness, while maintaining their own well-being. The course addresses diagnoses such as schizophrenia, bipolar disorder, major depression, mental illness with substance use disorders, PTSD and others. Thousands of families describe the program as life-changing. The program is taught by trained teachers who are also family members and know what it is like to have a loved one living with mental illness.

Learn more! View this short video about F2F: <https://www.youtube.com/watch?v=ae1ru1SBaaI>

NAMI SE IN will offer its **NAMI Family-to-Family Education Program** beginning Tuesday, August 24, 2021, 5:30-8 P.M. It will be held at **Faith Lutheran Church, 3024 Michigan Road, Madison, Indiana.**
(Classes Tues: 8/24, 8/31, 9/7, 9/14, 9/21, 9/28, 10/5, 10/12)



Participant Perspectives

“This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother.”

“The course has helped me to realize that my son is still inside the body that is often times hidden by the mental illness and that I am not alone in this.”

Contact us to register for free & confidential classes!

Call or Text: 812-292-1047

Or email us at:

namimadison.in@gmail.com

[NAMISOUTHEAST INDIANA - MADISON](#)

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI SE IN is an affiliate of NAMI Indiana. NAMI SE IN and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones. Learn more at www.nami.org.