



NAMI Family-to-Family Education Program

A **FREE** class for
family members of close relatives
who live with a severe mental illness. For example:

Bipolar Disorder
Major Depression
Borderline Personality Disorder
Schizophrenia and Schizoaffective Disorder
Panic Disorder, Obsessive Compulsive Disorder,
Post Traumatic Stress Disorder (PTSD)
Co-occurring Brain Disorders and Addictive Disorders

A series of 12 weekly classes
structured to help family members understand and support
their ill relative while maintaining their own well being.

*The course is taught by a team of trained
volunteer family members who know what it's like
to have a loved one with a serious mental illness in the family.*

Classes Start: Tuesday, August 27, 2019

Time: 5:30–8pm

Place: Faith Lutheran Church

3024 Michigan Road — Madison, IN 47250

For Family Members Only. Registration Required.

To Register: Please call or text: 812-292-1047

email: namimadison.in@gmail.com